



Welcome Guide

June 14 - June 19, 2026



May 2026

Welcome to the 2026 ATSU-Truman Healthcare Academy!

We are thrilled that the start of the 2026 ATSU-Truman Healthcare Academy is approaching! This summer, we look forward to your participation in a dynamic week filled with engaging classes and activities that are both challenging and inspiring.

Our Academy team has worked hard throughout the school year to prepare an exceptional experience for you. During your time on campus, you'll explore a variety of healthcare careers and gain firsthand insight into the skills and methods used across the health professions. These include—though are not limited to—osteopathic medicine, nursing, dentistry, exercise science, audiology and speech-language pathology, athletic training, physical and occupational therapy, and nutrition.

You'll participate in hands-on activities, discussions, and simulations throughout the week. One of the highlights is our **Anatomage Anatomy Classroom**, which provides life-size digital cadaver displays for immersive virtual exploration—an exciting and unique educational tool on campus.

We aim to offer you a high-quality, impactful week that exposes you to a wide range of healthcare fields while giving you a taste of life on a college campus. Our directors, staff, and guest presenters eagerly prepare to engage with you every day of the program.

As you prepare for your stay, please review the materials provided. These include essential information such as arrival and departure times, what to bring, and which services are available on the Truman State University campus. If you or your family have any additional questions, please contact us at **(660) 785-5384** or email **hca@truman.edu**.

We look forward to welcoming you to campus on **June 14, 2026!**

Warm regards,

A handwritten signature in black ink that reads "Michelle Wilson".

Michelle Wilson
Assistant Director
Institute for Academic Outreach
Early College Programs
Truman State University
McClain Hall 303
100 E. Normal Avenue
Kirksville, MO 63501
Phone: (660) 785-5677

ARRIVAL

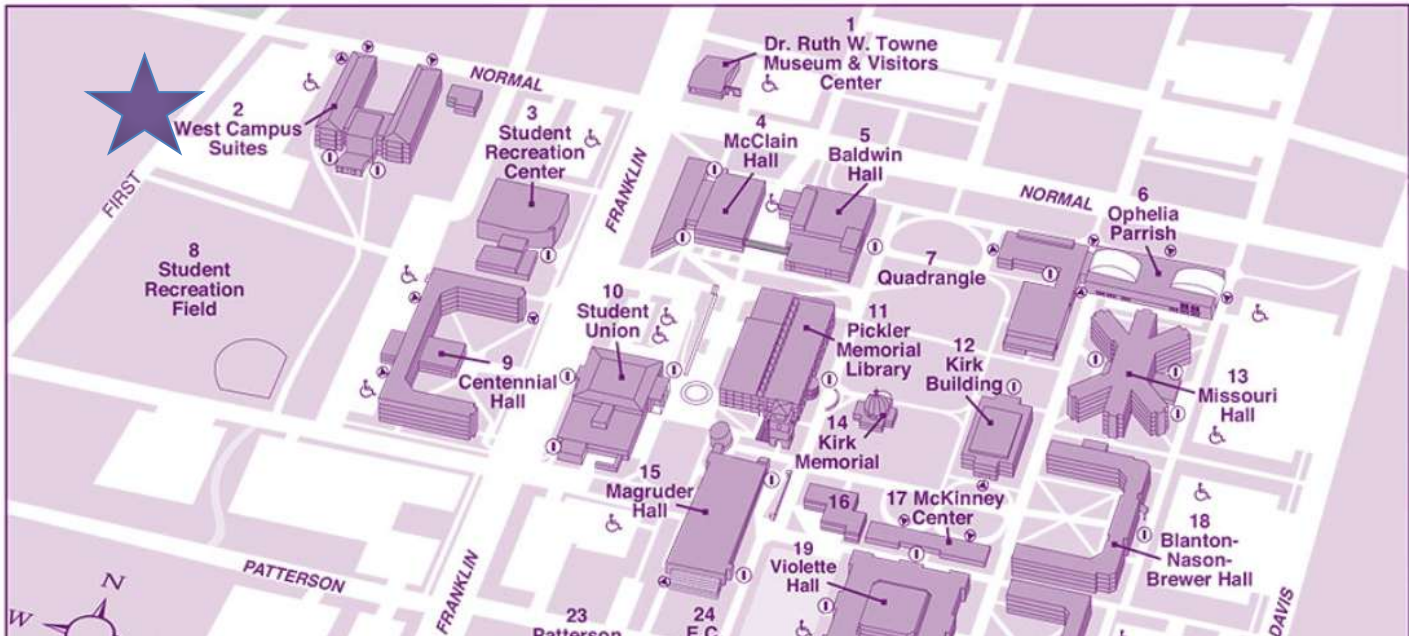
Check in at West Campus Suites on the Campus of Truman State University:

Sunday, June 14, 2026 ~ 2:00 - 3:00 p.m.

Any time after 2:00 p.m., please be fully moved in before 3:00 p.m.

Enter through the main entrance of **West Campus Suites**, just off the parking lot, to check in.

*Please leave your luggage in your car until you have completed the registration process.



If You Are Arriving by Car

The address to use for your GPS to arrive at Truman State University, West Campus Suites is: 215 W. Normal Street, Kirksville, MO 63501. From KCMO - please be sure to GPS to Macon, Mo and then enter the address for West Campus Suites. The alternate route is not recommended.

From Kansas City: Take Interstate 35 north to Highway 36. Follow 36 east to Macon, Mo. At Macon, take Highway 63 north into Kirksville. *This is the recommended route from Kansas City

From St. Louis: Take Interstate 70 west to Columbia, Mo. At Columbia, take Highway 63 north into Kirksville. If traffic in Columbia is expected to be busy, you may also take Highway 61 north to Hannibal, Mo. At Hannibal, take Highway 36 west until Macon, Mo., where you will take Highway 63 north into Kirksville.

From Chicago: Take Interstate 55 or 57 south or 39/51 south to Interstate 72. Follow 72 west and cross the Mississippi River to Missouri Highway 36. At Macon, Mo., take Highway 63 north into Kirksville.

UPON ARRIVAL:

If you have any questions, ask anyone wearing an ATSU-Truman Healthcare Academy T-shirt for help. The following tables will be available to facilitate your check-in. Again, we ask that you please do not unload your items until you have gone through each of these tables:

Welcome Table

Officially check in here and receive your room assignment, room key, and student address.

Medical Table

You will turn in all prescription medications. Exceptions are made for students with asthma inhalers, insulin, EpiPens, birth control pills, and topical medications. Parents/Guardians, please ensure your information is accurate before arriving through CampDoc. We cannot finalize your check-in without this being fully completed.

Completing CampDoc before arrival will prevent delays in moving in. To access this, check your email (it may be in your spam folder) for a CampDoc link to complete this step. This database will contain all your medical information for the week. If you have any trouble with CampDoc, please click on the help links in the program. If you need the information resent, please feel free to email us at hca@truman.edu so we can take care of it.

Essentials Table

*Students will provide us with their cell phone numbers in case of an emergency.

*Confirm access to our wireless connections and login information.

*Ask any questions not previously covered.

Once these items are taken care of, you are ready to get your luggage from your car to move into your room. Once you are moved in, your family may depart campus no later than 3:00 p.m. so we can start orientation.

For questions, comments, or concerns prior to arrival

Please reach out to our office at hca@truman.edu or call 660-785-5384

****Schedule for Arrival Day – Sunday, June 14, 2026***

2:00 p.m. – 3:00 p.m.	Check-in at West Campus Suites
3:00 p.m.	Parents/guardians will have departed.
3:15 p.m. – 4:30 p.m.	Student Orientation/Welcome/Introductions
4:30 p.m. – 5:15 p.m.	Dinner
6:15 p.m. – 8:30 p.m.	Campus Activities and Tour
8:30 p.m. – 9:30 p.m.	Hall Meeting / Finish settling into rooms.
10:15 p.m.	Building Curfew
11:00 p.m.	Lights out

Departure Day:

Students must check out of the residence hall on Friday, June 19, between 10:45 a.m. and 1:00 p.m.

**Schedule for Departure Day*

Friday, June 19, 2026

7:15 - 7:45 a.m.	Breakfast
8:00 - 10:45 a.m.	Student Final Activities
11:00 - 11:50 a.m.	Lunch - Missouri Hall: Lunch is included for ATSU-Truman Healthcare students. Other guests may purchase lunch for \$10.00 per person.
11:00 - 1:00 p.m.	Check Out / Students' Departure.

Check out procedures:

1. Parents/Guardian meet their son/daughter in the main lounge of West Campus Suites (same as drop off).
2. Move everything out of their residence hall room to your vehicle. Remember to check the closet, bathroom, and drawers. You may then go to the lounge to begin the check-out process.
3. A staff member will accompany the student back to his/her room to ensure everything has been removed and the room is clean. Students can get cleaning supplies from the floor lounge if the room is not properly cleaned.
4. Items & Room Table - Turn in your room key and check for any lost and found items.
5. Medical Table - Students will pick up medications.

**Arrival and Departure schedules are subject to change.*

STUDENT LIFE OVERVIEW

Introduction

In addition to their coursework, our students enjoy a rich experience outside the classroom. They live on campus under the supervision of resident staff and preceptors and participate in a variety of activities. As important, they get to know other students with diverse interests who share their exceptional academic abilities and love of learning. Lasting friendships develop as students learn from each other both in and out of the activities/classrooms.

Supervision

Directors: While students are ultimately responsible for their own conduct, administrative, instructional, and residential staff all work together to provide clear guidelines and careful supervision. Outside class, students are supervised by the Directors and preceptors. The Directors are Professors and the Assistant Director of Diversity from AT Still University.

Preceptors: The students are also supervised by preceptors, some of the best students at Truman. Preceptors are interviewed individually by the Dean, required to have a strong GPA, undergo background checks, and provide references; and attend training on student management, campus and academy policies, and diversity and team building. Our preceptors live in the same residence halls as the students, providing support and encouragement, enforcing expectations, and assisting in all activities, events, and recreational programs.

Night Monitor: For overnights, we provide a night monitor who remains awake throughout the night to meet any needs students may have. They also provide security for our students, in addition to our campus security patrols.

Residential Life Rules

- Students must remain on Truman's campus unless accompanied by a preceptor, staff member, or parent/guardian.
- Students must remain in their rooms after curfew, and lights must be out each night at the designated time. Students may not leave the residence hall before 7:00 a.m. and must be in at 10:15 p.m. unless otherwise planned/approved.
- The following are prohibited: alcoholic beverages and illegal drugs; cigarettes, tobacco products, vaping, e-cigarettes, matches, candles, and incense; coffee pots and other cooking appliances; tampering with fire equipment; and damage to university property. Students who possess or use alcoholic beverages, illegal drugs, or any tobacco products will be immediately dismissed from the Academy with no refund issued.
- Students are expected to behave in a mature manner. They will be expected to show respect to the faculty, staff, fellow students, the campus as a whole, and themselves. Students who use disrespectful or obscene language will be counseled as to expectations.
- Rules / Expectations are discussed with the students, so all rules and expectations are understood.

Classroom / Presentation Expectations

- Students are expected to work to the best of their abilities. The students who excel at the Academy are those who take responsibility for their own education and have a genuine desire to learn.
- Students who demonstrate a lack of effort in the classroom or who engage in disruptive behavior will work with the Director(s) to resolve the situation.
- The Academy reserves the right to dismiss a student without a refund for disruptive behaviors. Parent/guardians will be responsible for any and all costs associated with early return home due to dismissal, including (if applicable) airfare, ground transportation to the airport, and staff expenses.

Attendance Policy

*For students to receive the full academic benefits of the Academy, they must remain on **campus for the entire session**. We strongly believe that completing the entire program is the primary objective of attendance.*

Exceptions will be made only for medical or family emergencies as determined by the Academy. Students who leave for any other reason will not be allowed to return.

Expectations for Student Conduct

We expect our students to meet the highest standards of behavior. Students will:

- Strive to do the best work possible at all times;
- Respect individuals of different races, cultures, religions, genders, disabilities, personal appearances, sexual orientations, and national origins;
- Behave in a friendly, cooperative, and responsible manner toward all people in the Academy and in the larger universities and local community;
- Attend all sessions, meals, activities, and meetings, observing all rules for student conduct.

We cannot accommodate students who are unable to meet these expectations.

At orientation, students will learn about our behavioral standards, including our residential life and academic rules. These include a commitment to academic integrity, respect for all community members, adherence to basic safety rules, and cooperation with adult supervision.

Students may be dismissed from the program for any of the following reasons:

- Possessing or using tobacco, vaping/e-cigarettes, alcohol, or drugs (students possessing any of these items will be immediately dismissed from the Academy);
- Not attending to their academic work/disrupting other students' work;
- Being in restricted areas of campus, or leaving campus, unaccompanied by a staff member, preceptors, or parent/guardian;
- Leaving their room/hall after lights out;
- Stealing or vandalizing property;
- Bullying or hazing;
- Undermining the safety or well-being of self or others (including threats).

Students may face consequences for the following reasons:

- Students who use disrespectful or obscene language;
- Students who engage in disruptive behavior;
- Inappropriate behavior or violations of rules.

The Director will refer students involved in repeated or serious incidents to the Dean, who has the authority to dismiss students based on behavioral issues inside or outside the classroom. Students expelled from the Academy will not receive a refund, and parents/guardians will be responsible for any expenses associated with their son or daughter's early return, including transportation costs.

Student Activity Time

Most evenings will include a mix of presentations, activities, and free time. Activity options may include sports, painting, escape rooms, and the Truman Rec Center. Students with physical limitations that might prevent participation in certain activities are encouraged to share relevant details on their medical form and inform the Directors of any concerns.

Daily Schedule

The day and evening schedule on campus is quite full. Students are required to attend all the scheduled activities and events (both academic and recreational). Some days will vary slightly to accommodate special speakers, activities, and lectures. A full schedule will be provided for students at Check-In.

Monday – Thursday (Subject to change)

7:00 am	Breakfast/Free time	6:00 pm	Activity, Presentations, or Events
8:00 am	Morning Presentations / Rotations	8:30 pm	Free Time
11:00 am	Lunch/Free time	9:30 pm	Hall meeting
12:00 pm	Afternoon Presentations / Rotations	10:15 pm	Curfew
4:45 pm	Dinner/Free time	11:00 pm	Lights out

Living on Campus

Housing

Students live in the West Campus Residence Hall on the Truman State University Campus. Each housing group has approximately 15 students who live nearby in their hall, as well as a housing group preceptor. Housing group Preceptors will also hang out with students after curfew, helping them get to know each other and feel comfortable at the Academy. The housing group is integral to the residential experience, fostering a sense of identity and belonging within the larger ATSU-Truman Healthcare Academy community. A major part of their job is to share with students an understanding of what college life is like, ensure their safety, and provide directions and support to and from the directors.

Students will be given room assignments upon check-in. Most students are assigned to double rooms and share a bathroom with the connecting room. See the [West Campus Suites layout](#).

Room Furnishings

The University furnishes most rooms with bunkable/loftable beds, standard twin-sized mattresses (36" x 76"), a shared dresser or drawers, and closets or wardrobes. All residence hall rooms have a desk with drawer space for each resident. You may want to bring a mattress pad or foam padding, along with your own bed linens, pillow, blanket, and clothing hangers.

Residents using extension cords are strongly encouraged to use grounded 3-prong, 15-amp minimum, extension cords and/or surge protectors. All electronics and appliances must be UL-approved and in good working condition. Please refer to the "Things to Bring" and "Things NOT to Bring" lists when considering what electrical devices to bring.

Things to Bring / Not to Bring

Please see the attached sheet that includes a helpful list. Please note that we reserve the right to confiscate, for the length of the program, to be returned to the parent/guardians, any items that we believe and/or find to demonstrate the potential for distracting students from the goals of the program, pose undue risk to the safety and well-being of people, or pose undue risk to property.

Student I.D.

Each student will receive a meal card at Check-In for their stay, which must be returned at checkout. All meals beginning Sunday dinner, June 14, through Friday lunch, June 19, are included in the program costs. Sodexo dining service offers a wide selection of food at every meal, and their menus are varied enough to accommodate vegan, vegetarian, gluten-free, and other dietary needs. If a student has other special dietary needs or food allergies, please ensure this is reflected in their health form so we can plan accordingly. Feel free to contact us before your arrival if you have any concerns or needs not addressed here.

Please refer to the symbols below and share with your students which one they should look for when selecting meal options. Another tip for students is to look for the *Simple Solutions* stations for allergy-free options.

Vegetarian Menu items with the vegetarian icon contain no meat, fish or poultry, or any meat products such as soup base. Our vegetarian offerings meet the needs of lacto-ovo vegetarians and may include eggs and/or dairy products.	
Vegan Vegan offerings contain no meat, fish, eggs, milk or other animal-derived products such as honey.	

Specific Food Allergies: Most students with food allergies manage by selecting from the variety of items available on the regular menu and salad bar. Students with highly sensitive airborne food allergies (such as highly reactive nut allergies) should let us know in advance. See information on the [Sodexo website](#) for specific questions.

Telephone / Cell Phones

It is essential for students to be focused/engaged in activities and to sleep at night. Therefore, while we allow students to carry their phones, we encourage them to keep them in their rooms. The intent of this policy is that students should use cell phones only to communicate with their families and to take pictures occasionally. The appropriate times for texting and making calls will be explained to students during the Academy orientation.

The best times to reach students are: 7:00 a.m. – 8:00 a.m. and 10:15 p.m. – 10:45 p.m.

Please refrain from calling/texting students after lights out at 11:00 p.m. or before 7:00 a.m.

Cell phones used in class or during activities, for playing games, or for inappropriate reasons (such as prank calls) may be confiscated for the duration of the session. Cell phone limitations apply to all smart devices, such as tablets and watches. So, while these devices commonly share music and camera functions, we restrict their use to ensure the educational component and community building.

We reserve the right to hold phones for policy violations during the Academy's duration. ATSU-Truman Healthcare Academy assumes no responsibility for loss or damage to cell phones or for their misuse, including exceeding plan limits or use by unauthorized persons. Students caught using cell phones in ways inconsistent with this policy will have their phones confiscated. Parents/Guardians should understand that exceptions to this policy will not be made, even if confiscating a cell phone for misuse or abuse interrupts communication with parents/guardians. Parents/Guardians concerned about the ability of their student to abide by these rules are advised to have a proper discussion with their student(s).

Custody Issues

Please indicate any issues you believe we should be made aware of, and provide copies of pertinent *legal documentation.

**Any legal documentation must be signed by the Judge/Court and dated.*

Health Services and Insurance

The Directors will provide for the students' health and wellness. They will contact parents/guardians about health issues their children may be experiencing. We require all students to have completed health information through our provider, CampDoc. You will receive a welcome email to complete the information.

The Academy has arranged for a local physician to care for its students. Whenever possible, the Director will contact parents/guardians before the Academy takes their child to the physician; however, sometimes this notification may occur afterward.

Emergency medical service is available at Kirksville's Northeast Regional Medical Center. All students must submit medical history forms and a copy of their health insurance card, which the Academy will keep on file. Students will be responsible for any co-payment at the doctor's office, hospital, or pharmacy at the time of the service.

Students with long-standing medical conditions should request that their physician forward relevant information to the Academy.

Medications

All student medications must be turned in to the Director upon check-in.

***NO medications are allowed to be kept in student rooms** (with the exceptions of inhalers, topical medications, birth control pills, epi-pens, and similar rescue medications, which shall be approved on a case-by-case basis).

Students must self-administer medication as directed by their parent/guardian or physician, and the Director will log all medications taken. We do make common over-the-counter medications available in the med room upon the student's request. Parents/guardians are strongly advised to note any allergies or potential drug interactions with prescribed medications on their child's medical form.

In addition, parents/guardians are urged to talk with their children before they come to campus about any over-the-counter medications they feel comfortable/uncomfortable with their child selecting.

****Exception: Parents or guardians may authorize their children to retain maintenance medications, provided the medications have no potential for abuse and missed or discontinued dosages present no risk. Written authorization from the student's physician and from the student's parents/guardians is required.***

Please Note:

While the Directors are scholars in the health sciences, they are not nurses or other medical professionals. Health decisions beyond those involving parental instructions will begin with the student, where simple choices are possible, and end with parents/guardians and local physicians.

Cars and Personal Transportation

For several reasons, we strongly prefer that students not drive themselves to and from the program. Nonetheless, some students may be old enough to drive, and parents/guardians may be inclined to allow them to. Students who drive to ATSU-Truman Healthcare Academy must turn over their car keys to our staff upon arrival. Under no circumstances will they be permitted to drive during the Academy and/or leave campus unaccompanied.

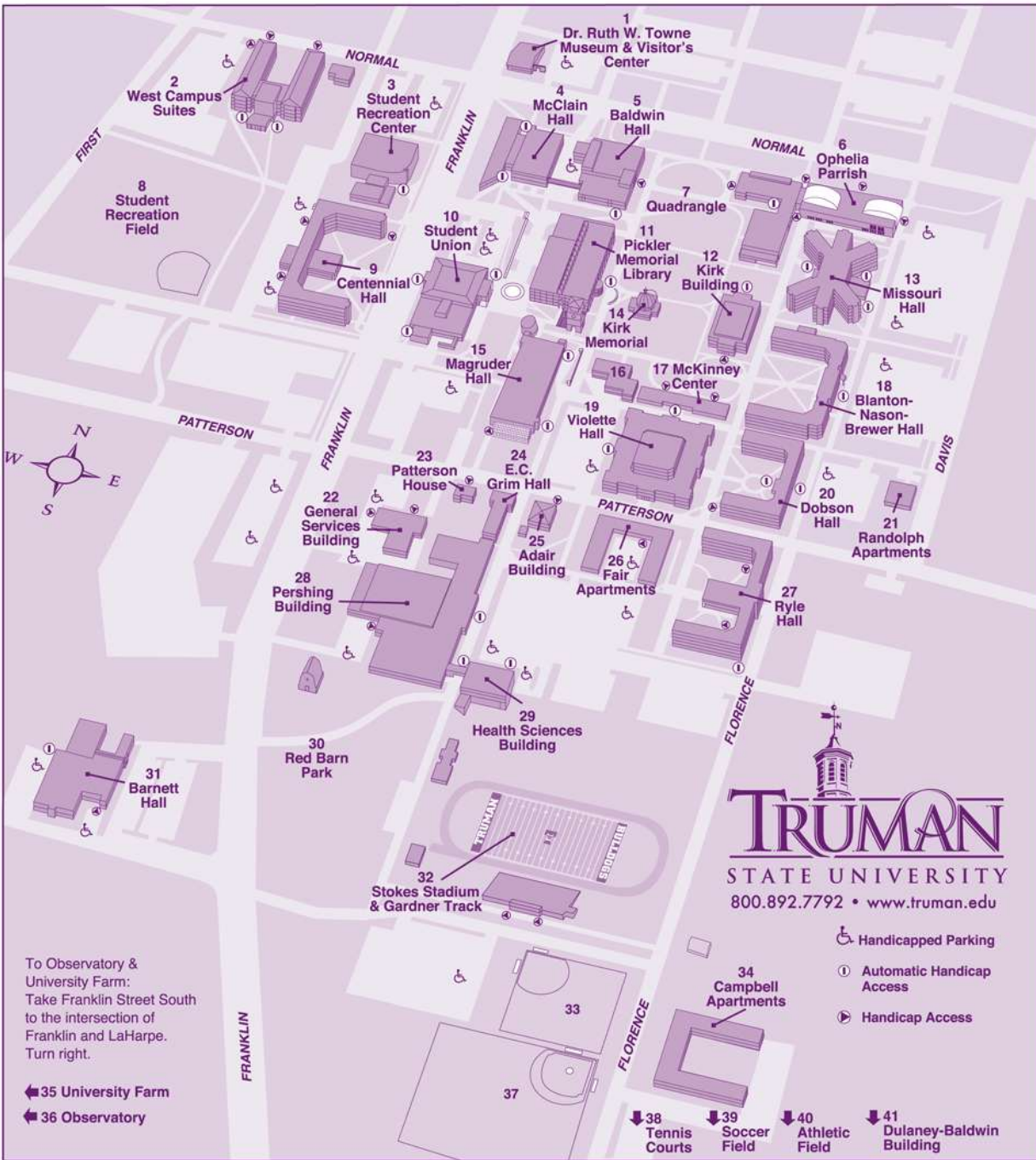
Parents/Guardians must provide permission acknowledging that the student may check themselves in and out of the Academy. Such permission must be received by email (hca@truman.edu) before the start of the Academy. Under no circumstances will ATSU-Truman Healthcare Academy allow a student to check out of the Academy with another student without written instructions and permission from a parent/guardian.

Personal Belongings/Lost and Found

Students are always responsible for the safekeeping of their personal belongings. We urge students to label all their belongings, including clothing, with their first and last names. ATSU-Truman Healthcare Academy is not responsible for theft or other loss of, or damage to, students' personal belongings, including athletic equipment, electronics, musical instruments, clothing, or any other items brought to or purchased on campus. When considering whether to bring an expensive item, families may wish to investigate coverage under their homeowner's or renter's insurance policy. In general, we recommend that students leave valuables at home.

ATSU-Truman Healthcare Academy will maintain a lost-and-found box. Clearly labeled items are the most likely to be successfully returned. ATSU-Truman Healthcare Academy cannot be responsible for items left behind at the end of the session.

CAMPUS MAP



- | | | | | | |
|---|------------------------------|-----------------------------|-----------------------------|-----------------------------------|----------------------------|
| 1 Admission/Ruth W. Towne Museum & Visitor's Center | 9 Centennial Hall | 14 Kirk Memorial | 13 Missouri Hall | 21 Randolph Apartments | 8 Student Recreation Field |
| 2 West Campus Suites | 20 Dobson Hall | 15 Magruder Hall Greenhouse | 36 Observatory | 27 Ryle Hall | 10 Student Union |
| 3 Student Recreation Center | 41 Dulaney-Baldwin Buildings | 4 McClain Hall | 6 Ophelia Parrish | 30 Red Barn Park | 38 Tennis Courts |
| 5 Baldwin Hall | 24 E.C. Grim Hall | Business Office | 23 Patterson House | 40 Soccer Field | 35 University Farm |
| 8 Student Recreation Field | 26 Fair Apartments | Financial Aid | 28 Pershing Building | 33 Softball Field | 19 Violette Hall |
| 9 Centennial Hall | 22 General Services Building | President's Office | Natorium | 32 Stokes Stadium & Gardner Track | 2 West Campus Suites |
| 10 Student Union | 29 Health Sciences Building | Registrar | Pershing Arena | 3 Kirk Building | |
| 11 Pickler Memorial Library | 17 McKinney Center | Student Health Clinic | 11 Pickler Memorial Library | 3 Student Recreation Center | |
| 12 Kirk Building | University Counseling | 16 Power Plant | 7 Quadrangle | | |
| 13 Missouri Hall | | | | | |
| 14 Kirk Memorial | | | | | |
| 15 Magruder Hall | | | | | |
| 16 Power Plant | | | | | |
| 17 McKinney Center | | | | | |
| 18 Blanton-Nason-Brewer Hall | | | | | |
| 19 Violette Hall | | | | | |
| 20 Dobson Hall | | | | | |
| 21 Randolph Apartments | | | | | |
| 22 General Services Building | | | | | |
| 23 Patterson House | | | | | |
| 24 E.C. Grim Hall | | | | | |
| 25 Adair Building | | | | | |
| 26 Fair Apartments | | | | | |
| 27 Ryle Hall | | | | | |
| 28 Pershing Building | | | | | |
| 29 Health Sciences Building | | | | | |
| 30 Red Barn Park | | | | | |
| 31 Barnett Hall | | | | | |
| 32 Stokes Stadium & Gardner Track | | | | | |
| 33 Softball Field | | | | | |
| 34 Campbell Apartments | | | | | |
| 35 University Farm | | | | | |
| 36 Observatory | | | | | |
| 37 | | | | | |
| 38 Tennis Courts | | | | | |
| 39 Soccer Field | | | | | |
| 40 Athletic Field | | | | | |
| 41 Dulaney-Baldwin Building | | | | | |